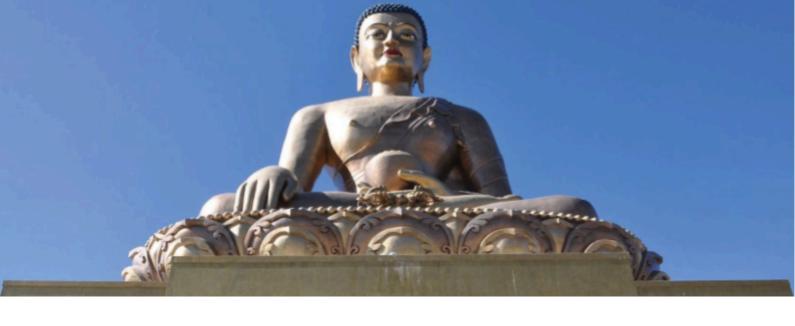




INTERNATIONAL FORUM ON MINDFULNESS, SUSTAINABILITY AND PEACE

Harvard/MIT - Bhutan Trek



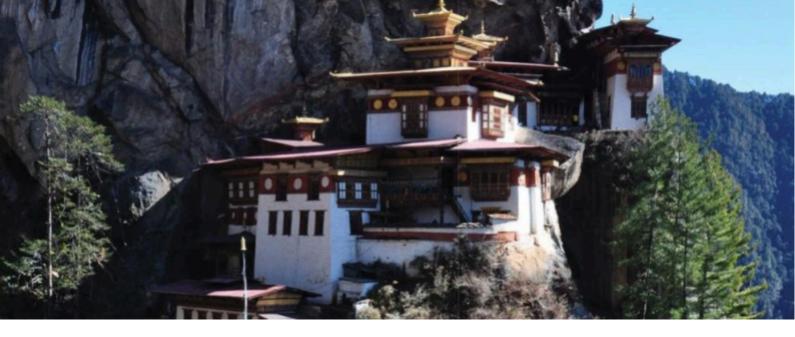


INTERNATIONAL FORUM ON MINDFULNESS, SUSTAINABILITY AND PEACE

Bhutan is hosting the Global Peace Prayer in November, 2025 and also celebrating the 70th birth anniversary of His Majesty the Fourth King and the father of the Gross National Happiness (GNH). This lends a special meaning for the 16th Harvard Bhutan Trek Winter 2025 where over 50 students and professionals from Harvard and MIT will be visiting Bhutan this winter. We have organized 15 trips since 2017 with over 450 professionals and students from Harvard and MIT have visited Bhutan.

AGENDA

Day-1 (Half Day) 16 th Dec 2025	Day-2 (Full Day) 18 th Dec 2025	Day-3 (Half Day) 20 th Dec 2025	
Introduction	Keynote Address on Mindfulness, Sustainability and Peace	Experiences in international Sustainable Cities and Real Estate Development	
Mindfulness, Sustainable and Peace Policies - Beyond GDP	Entrepreneurship, Start-ups and VC funding	Experiences from Sustainable Cities and Mindful Development	
Energy & Climate Change - Beyond Baku	Inspirations from Global Peace Prayer	Wrap Up	
	Leadership Experiences		



FORUM DESCRIPTION

The participants are from Harvard Kennedy School (HKS), Harvard Business School (HBS), Harvard graduate School of Design (GSD), Harvard Graduate School of Education (GSE), and Massachusetts Institute of Technology (MIT). The highlight will be the 118th National Day on 17th at Changlimithang, where participants will not only immerse themselves in the festive celebration but also join the people in listening to the profound visions for the nation as His Majesty the King addresses the nation.

The forum takes inspiration from and is aligned with three national initiatives: the overarching umbrella of GNH, the Gelephu Mindfulness City (GMC), and the Global Peace Festival.

The forum shall inspire international participants and curate ideas with national counterparts on these transformational initiatives. These areas of studies aptly combine to provide the opportunity to analyse and design ideas (GNH application) for public policy (HKS) for peace, stability, and sustainable societies; explore business efficiency and innovations (HBS and MIT Sloan) for inclusive prosperity; envision sustainable urban and territorial planning (GSD); advance education and leadership for future generations (GSE); and apply cutting-edge technology (MIT) to build resilient and mindful communities.

The first sessions on GNH and Measuring Peace Beyond GDP will introduce the international participants on Bhutan's inspiring concept of Gross National Happiness and its unique connection to stability and peace. Bridging this timeless development philosophy with its application in modernity will be the session on Gelephu Mindfulness City (GMC), a bold national vision for a sustainable urban center of over 2500 sq.km that balances environmental stewardship, public welfare, and mindful growth. The sessions on youth, innovation, and leadership will explore how Bhutan's emerging entrepreneurial ecosystem prepares the next generation to carry on this vision forward with a clear sense of national duty and global responsibility.



PROFILES OF THE

INTERNATIONAL PARTICIPANTS:

We have 30 participants from the Harvard Kennedy School (HKS), 3 from other Harvard Schools (Harvard Business, Education) and 15 from Massachusetts Institute of Technology (MIT). Together they represent over 13 countries, 10 global and national organizations, and some of the most notable academic institutions.

Country	Company/Organizations	Schools and Programs		
USA	WRDPL; KKR	Harvard Kennedy School (HKS)		
China	MG Design Collective; WHO	Harvard Business School (HBS)		
India	U.S. Air Force Reserve; Reserve	Harvard Graduate School of Design		
	Bank South Africa	(GSD)		
Hungary	EY; Harpars Baazar	Harvard Graduate School of Law (GSL)		
Chile	NYU Langone Health; EarthShot	NYU School of Law		
South	GoldenMax Energy; Modern	Massachusetts Institute of Technology		
Korea	Meadow	(MIT)		
Canada	BLOCK - Guards Your Ride	Stanford Business School		
Japan	Capital One; ABInev	Wharton Business School		
Mexico	McKinsey; Space Industry			
Spain	Bain and Company			
UK	JP Morgan; Healthcare and			
	Biotech			
Brazil	Bollywood; Pivotal Ventures			
Colombia	AI and Digital Global Supply Chain			
Australia	World Bank; IFC			
Canada	UN Women; Central Bank of			
	Colombia			
Israel	Mobility Innovation			



PARTICIPANTS AND SPEAKERS FROM HARVARD AND MIT:



Linda Zhang
MPA Student, Harvard Kennedy School. MBA Student, Stanford

Linda Zhang, from Tianjin, China, is pursuing a MPA at Harvard Kennedy School and an MBA at Stanford. Linda aspires to support and develop innovative education systems globally. She helped launch new universities in Nigeria and China and also worked at the Ministry of Education in Sierra Leone, where she focused on international partnerships and data strategies to improve foundational literacy rates. Linda has worked with Siemens on apprenticeship programs, and was a world-traveling private teacher. She started her career at McKinsey & Company, where she served education clients across the United States, Middle East, and Africa.



Nicole Paige Vereczkey

Graduate, MIT Sloan School of Management

Nikki Vereczkey is a graduate of the University of Pennsylvania and MIT Sloan School of Management. She began her career in finance, working in investment banking at J.P. Morgan and UBS before moving into strategy consulting at Bain & Company. Beyond her professional career, Nikki is the co-founder of Etelka's Cottage Cream, a startup reimagining Hungarian tradition through premium high protein dairy made for the U.S. market. Nikki's long-term ambition is to enter the public sector, leveraging her background in business and international relations to improve global food and trade policy. With roots in both the U.S. and Hungary, she brings a unique perspective on transatlantic and global issues.







Vineet Ahluwalia
MBA Student, Stanford

Vin Ahluwalia is an Al/Machine Learning Researcher and Engineer at Amazon Zoox Inc., where he advances self-driving car intelligence. Previously, he led strategic Al/ML initiatives across industries, spanning the full lifecycle of system design and deployment at a Y Combinator startup and various technology companies. His work spans Natural Language Understanding and Generation, Content Personalization, Synthetic Data Augmentation for privacy-preserving machine learning, and Generative Al for Text and Dialogue Summarization. Earlier in his career, Vin was an Investment Research Analyst and Strategist at a ~\$3B AUM hedge fund and Merrill Lynch, where he developed quantitative and fundamental investment strategies in macro and credit markets. He holds a graduate degree in Computational and Applied Mathematics from Stanford University and studied Mathematics and Finance at the University of Virginia.



Diana YurchakMBA Student, Harvard Business School

Originally from Ukraine, Diana is a second-year MBA student HBS, passionate about pursuing a career in finance after graduation. Diana enjoys reading and writing poetry, cooking Indian food, and exploring new places through travel.







Arhan Bagati
MPP, Harvard Kennedy School

KYARI - Kashmir's Yumberzal Applied Research Institute Founder;

Awareness and Impact Ambassador of the Paralympic Committee of India;

Co-Produced 2 Bollywood films;

BA in Politics & Asian Studies from Pomona College, USA. Semester abroad at the University of Cambridge, UK;

Frequently writes for Indian media outlets on different topics.



Darshan BaskarCFO, Real Estate Family Business

Dharshan is a world traveler and foodie who explores at least four new countries every year, handles the CFO side of his family's real estate business, and stays religious about fitness.

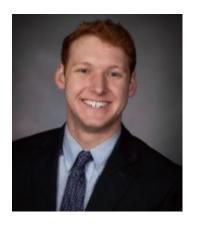


Mitali Garg
Founder and Creative Head, MG Design
Collective

Mitali Garg is a designer and creative head based in New Delhi, where she runs an experiential décor and events company, MG Design Collective. She completed my Master's in Strategic Fashion Marketing at the London College of Fashion, and is passionate about design, culture, and storytelling through experiences.







Prescott Overbey

MPP, Harvard Kennedy School. JD, NYU School of Law

A joint degree student between NYU school of Law and Harvard Kennedy School focusing on tax law and policy. Specifically, he is interested in which tax policy and subsidies can influence individual and firm behavior, such as through investment in renewable energies, decisions on financial instruments, and how we build cities. Outside of school, he previously worked as an economic consultant in DC, and enjoys backgammon, cycling, and cooking. He was born and raised in Cincinnati, Ohio.



Da Na Yoo MPP Student, Harvard Kennedy School

Dana Yoo is a Master in Public Policy (MPP) candidate at Harvard Kennedy School. Prior to HKS, Dana served as a diplomat at the Ministry of Foreign Affairs of Korea, where she supported gender-based violence (GBV) survivors, and led UNICEF-partnered initiatives in girls' education and maternal health, in partnership with UNICEF. Last summer, Dana interned at the State Government of Meghalaya, where she supported nature conservation initiatives and helped implement natural farming projects led by women farmers. She is committed to advancing women's socioeconomic empowerment and helping vulnerable communities adapt to changing climate.







Julian Rico Gluck
Major, U.S. Air Force Reserve

Julian Gluck is a 2025 MBA graduate of Harvard Business School. An alumnus of the U.S. Air Force Academy, he previously served as an active-duty B-52H instructor pilot and staff officer in the United States Air Force. Julian is a recent David Martin Graduate School Leadership Forum Fellow at Harvard University and a Marshall Memorial Fellow with the German Marshall Fund. Active in non-profits, think tanks, and deep technology start-ups, he was recognized on the 2020 Forbes 30 Under 30 list for Law & Policy in North America and named one of the U.S. Junior Chamber of Commerce's 2023 Ten Outstanding Young Americans for humanitarian leadership. Julian currently serves as a Major in the U.S. Air Force Reserve assigned to the Defense Innovation Unit and is a Term Member of the Council on Foreign Relations.



Kristy Marie Morse

Senior Manager, Tech Consulting

Kristy Morse is a climate-focused strategist and systems thinker with a background in global supply chain, industrial transformation, and enterprise technology. Following a successful career leading ERP and business transformation initiatives in the industrials sector, Kristy is now channeling her expertise toward accelerating climate and sustainability solutions at scale. Through her work across deep tech ecosystems, consulting, and venture-backed innovation, she has become a trusted connector of people, ideas, and institutions. Kristy brings a unique ability to bridge strategy, operations, and ecosystems- whether mentoring early-stage founders in Africa, supporting FOAK deployments in energy storage, or convening cross-sector stakeholders to co-design systemic solutions. Her long-term vision is to cultivate a global network of climate innovation ecosystems, fostering collaboration across geographies and sectors to deploy impactful solutions where they're needed most.







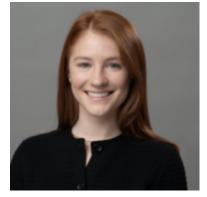
Lydia Celestia Fisher Brosnahan MPP Student, Harvard Kennedy School

Lydia Brosnahan is a mid-career Master in Public Administration student at the Harvard Kennedy School. Her professional background is in higher education and arts administration. Prior to coming to Harvard, she worked in the Office of the Arts at MIT.



Koichi Tsukioka
MPP Student, Harvard Kennedy School

Koichi Tsukioka is from Fukuoka, Japan, and is currently pursuing a Master of Public Policy at Harvard Kennedy School (HKS). His academic interests include technology policy, with a particular focus on digitalization and AI, energy policy, and international relations. Prior to his time at HKS, he worked for the Japanese government as an assistant director at the Ministry of Economy, Trade and Industry. Most recently, he led a team implementing the first generative AI applications in government operations. He completed his undergraduate studies at the University of Tokyo, where he majored in systems engineering, emphasizing research on patent analysis of Chinese IT companies. This summer, he also completed an internship in the United Kingdom, conducting comparative research on AI readiness and technological sovereignty.

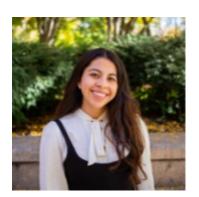


Maren Pritchard Wilder
MPA Student, Harvard Kennedy School

Dual MPA/MBA student at the Harvard Kennedy School and the Stanford Graduate School of Business. Previously worked in Corporate Strategy at a US consumer financial institution. Originally from Minnesota, but she has also lived in Tennessee, Washington DC, California, and Illinois.







Andrea Perez Vega
MPP Student, Harvard Kennedy School

Andrea Pérez Vega is a Master's in Public Policy student with majors in Economics and Applied Mathematics from Instituto Tecnológico Autónomo de México. With experience at Mexico's Ministry of Finance, she has worked on procurement processes, regulatory analysis, and crisis management. Andrea has also contributed to financial inclusion projects as an intern at AXA and has volunteered in education for the elderly and youth development.



Xilin Liu MPA Student, Harvard Kennedy School

Dual degree Wharton/HKS student, background in tech and entrepreneurship, interests



Edwina DaiProject Finance Manager, GoldenMax Energy

Edwina just graduated with a Masters in Real Estate at Harvard. She now works for GoldenMax, a renewable energy developer to help on grid resilience and clean economy. Prior to Harvard, She worked at GLP, investing in data centers and logistics.







Nicole Etsuko Anzai Child Psychiatrist, NYU Langone Health

Dr. Anzai is a second year fellow in the NYU Grossman School of Medicine Department of Child and Adolescent Psychiatry. Her research in health behavior change has focused on tobacco treatment and elimination of health disparities among diverse and underserved populations. Born and raised in Hawaii and the San Francisco Bay Area, she enjoys hiking, scuba, downhill skiing and riding horses in the great outdoors.



Selina GongMPP Student, Harvard Kennedy School

Selina (Boya) Gong is a Master in Public Policy student at the Harvard Kennedy School, focusing on technology governance, innovation investment, and sustainable development. She is an active investor in emerging AI ventures and serves as the Co-founder and Visionary Officer of Eureka International, an education and investment platform that has expanded through strategic acquisitions and cross-border collaborations.



Thomas Ariel Guiloff Krauss
MBA Student, MIT Sloan

A 32-year-old Chilean entrepreneur and MBA candidate at MIT Sloan. He is passionate about startups, innovation, and artificial intelligence, and driven by the vision of building a prosperous future where SMBs can thrive in the digital world.







Yael Senerman Link
Psychologist

A psychologist and co-founder of a non-profit organization in Chile dedicated to strengthening the social role of companies through corporate volunteering. She is passionate about education, psychology, and creating meaningful social impact. She currently lives in Boston with my husband, Tomás, who is pursuing his MBA at MIT.



Szilágyi Szabolcs
Founder and CEO, BLOCK- Guards Your Ride

Environmental engineer and economist by education, born-ready startup ceo and avid urban micromobility advocate by heart. Nicole's +1.



Bernard Ho Emergency and Family Physician

Bernard is a Canadian Emergency and Family Physician with experience working in tertiary academic centers as well as rural and remote areas across the country. His clinical work emphasizes how health and wellbeing are directly influenced by sociopolitical factors such as income level, race, and education. He is interested in the role of public administration as a tool to protect and optimize the health of all individuals, particularly those made structurally vulnerable. To that end, Bernard aims to bring the emerging branch of Social Medicine to Canada to improve both the patient and provider experience as well as to intentionally promote health equity. Bernard is an Equity Fellow with the Center for Public Leadership.





Daniela Jaye Schulman

MPP Student, Harvard Kennedy School

Daniela Schulman is a climate, energy, and ocean policy advocate from Seattle. Currently, she is a graduate student at Harvard Kennedy School and a researcher at the Environmental & Energy Law Program at Harvard Law School. Before enrolling, she crafted recommendations for state and federal policymakers to achieve 100% clean power with the nonprofit Evergreen Action. Daniela has worked on coastal climate resilience at Urban Ocean Lab, transatlantic climate diplomacy at E3G, and winning local campaigns at Washington Conservation Action. She holds a degree in Environmental Studies and Human Rights from Yale University.



Margarita Maria Isaacs Prieto
MPP Student, Harvard Kennedy

Margarita Isaacs is a Master in Public Administration in International Development candidate at Harvard Kennedy School. She holds a bachelor's and a master's degree in Economics and has worked at the World Bank and the Inter-American Development Bank on labor markets, human capital, and migration. Originally from Colombia, she is currently a Teaching Fellow in economics and is passionate about how data-driven and alternative policies can foster inclusive development.



Jessica Yan MPA Student, Harvard Kennedy School

Jessica is a lifelong racial and gender justice strategist working to shift the philanthropic sector towards greater equity. She most recently served as a Program Associate at Pivotal Ventures, a foundation led by Melinda French Gates, where she developed and implemented one of the world's largest philanthropic portfolios focused on ending gender-based violence and advancing economic justice for women — especially women of color. Previously at Redstone, Jessica advised leading foundations on over \$250 million in philanthropic giving and founded the firm's first DEI Ongoing Learning Initiative. She also served as a Board Director of UN Women USA San Francisco, where she led membership development.





Felipe Andrés Vergara Iduya

EPA Student, Harvard Graduate School of Education

Chilean 33 years old student that have worked for 9-10 years in educational systems (math teacher, principal teams, building instructional courses, doing some research, advocacy and developing programs that support teacher training, especially with a focus on avoiding teacher attrition and helping them face professionals with SEL skills. I am from a small town with different approaches to wellbeing, and from my own experience I believe that addressing these skills is the way to improve the world we live in today.





Kwan Yee Queenie Wong

MIT Alum School of Management

Queenie Wong is the Director of the Sonnabend Collection Foundation and was previously the Director of Sonnabend Gallery. With over 20 years of experience in arts management, she collaborates closely with the foundation's leadership to oversee the development and execution of its programs. Alongside her work at the foundation, Queenie is an independent curator committed to supporting emerging artists through mentorship and exhibition opportunities. Her curated artists have been featured at the prestigious SPRING/BREAK Art Fair since 2017. Queenie holds a BFA and a Certificate in Art History from the Rhode Island School of Design, as well as an MBA from the Massachusetts Institute of Technology.







Carley Anne Mambuca MBA/MPA Student, Wharton School and HKS

Carley Mambuca is a dual-degree MBA/MPA candidate at the Wharton School and Harvard Kennedy School. Before graduate school, she worked at McKinsey, KKR, and DoorDash, where she gained experience in strategy, private equity operations, and partnerships. She is passionate about the intersection of business and community development, with a long-term goal of helping professional sports teams design and build stadiums that create shared value for both organizations and the communities they serve. Outside of work, Carley enjoys trying new restaurants, going to sporting events, and spending time with her golden retriever, Captain.



Tamra Olin MBA Student, MIT Sloan

A second-year MBA student at MIT Sloan, originally from South Lake Tahoe, California. Before Sloan, she worked across climate tech and, more recently, in mobility innovation.



Nicholas Noerdlinger
MBA/MPS Student, Stanford and Harvard
MBA Student at Stanford and MPA student at Harvard.







Yingjing DengSenior Program Manager, MIT

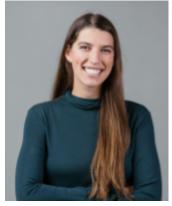
Yingjing Deng works as the senior program manager at MIT, executive director at Boston Network of International Development and serves as the President of the Harvard Kennedy School New England Alumni Association. She has over ten years' experience in communications, media, and project management. She is a storyteller, a news/ documentary/ visual art producer, and an author. Before studying and working at Harvard, she served as the correspondent/chief editor/chief producer for two leading media groups (Phoenix and Sina) in China. She is passionate about uncovering the truth, giving the voiceless a voice through the power of storytelling, as well as empowering refugees, immigrants and children worldwide.



Maren Pritchard Wilder

MPA/MBA Student, HKS and Stanford Graduate School of Business

Dual MPA/MBA student at the Harvard Kennedy School and the Stanford Graduate School of Business. Previously worked in Corporate Strategy at a US consumer financial institution. Originally from Minnesota, but I've also lived in Tennessee, Washington DC, California, and Illinois.



Daniella SpectorProduct Manager, Capital One

Currently a product manager at Capital One and previously a data engineer, consultant, and chef! I love to travel and especially explore other religions, cultures, and nature.







Pranathi Gummandi MBA Student, MIT Sloan

A 2nd year MBA at MIT Sloan who is working on a startup. Prior to MBA, she was a software engineer who enjoyed working on speech technology and education technology.



Johanna Kathryn Bankart

MBA Student, Harvard Kennedy School

Kathryn Bankart is a second year Master in Public Administration in International Development (MPA/ID) student at Harvard Kennedy School. Originally from South Africa, she is passionate about designing public policy to reduce poverty and inequity. Previously, she worked at the South African Reserve Bank on monetary policy, macroeconomic analysis, and long-form research. She has also done advisory work on industrial policy in developing countries, and worked on survey-based indicators and economic forecast narrative. Her current work concerns the design and fiscal sustainability of cash transfer systems in developing countries.



Topaz AharonMBA Student, MIT Sloan

Topaz is originally from Israel and now at MIT Sloan. His background is in engineering, product, and startups, and he loves exploring new places and meeting new people.







You Ting Lee
MBA/MPA Student, The Wharton School and HKS

Youting Lee is a dual MBA/MPA candidate at The Wharton School and Harvard Kennedy School, originally from Taiwan and now specializing in climate strategy, finance, and sustainable operations. She brings four years of consulting and private equity experience at McKinsey & Company and Clayton, Dubilier & Rice, where she led growth, transformation, and decarbonization initiatives across Asia, the U.S., and Europe. Her work focuses on turning climate risk and transition challenges into actionable, data-driven opportunities for value creation.



Allison Sheu MBA Student, Stanford

Allison Sheu is an MBA student at Stanford, where she has been working on increasing access to diabetes innovation. Prior to business school, she worked in healthcare investing. She graduated from UC Berkeley with degrees in Molecular Biology and Business.



Margherita Bruti Liberati LL.M Student, Harvard Law School

Italian LL.M. student specializing in public international law. Before Harvard, worked in the European Commission's Legal Service and in refugee protection (with UNHCR and at the Tribunal of Milan). Going forward, aim at working on issues related to climate displacement and international development. Beside first law degree, hold a MSc in International Development and Humanitarian Emergencies.







Justin Arthur Hilliard
MBA Student, MIT
MIT MBA, Senior management at Venture fund.



Andrea Salazar Díaz
MPA/ID, Harvard Kennedy School

Colombian economist and graduate student in the Master in Public Administration in International Development (MPA/ID) program at the Harvard Kennedy School. Before coming to HKS, I worked at the Central Bank of Colombia conducting economic research. My interests center on gender, development, and the intersection between economic policy and social equity.



Camilo Jose Rios Ibarra MPA Student, Harvard Kennedy School

Camilo is a master's student at the Harvard Kennedy School with a background in fiscal policy and international development. He was part of the founding team of Colombia's autonomous fiscal council, an institution that has become central to public debates on the country's economic stability. Earlier, he contributed to designing the framework for implementing and financing Colombia's peace agreement with the FARC guerrilla and the comprehensive victims' reparation policy. He is an economist by training, holding a master's degree in applied economics.







Stephanie An Ni Wu MPA/ID Student, Harvard Kennedy School

Stephanie Wu is an MPA/ID candidate at the Harvard Kennedy School interested in global health and gender issues. Prior to Harvard, she worked for the Boston Consulting Group and World Health Organization, advising a variety of government clients on US and global health topics. She most recently completed a summer internship at the World Bank (International Finance Corporation) gender team. Her undergraduate degree is from the Wharton School, University of Pennsylvania.



Chotipoom LuangprasertMPA/ID Student, Harvard Kennedy School

29 yo, an MPA/ID student from HKS (Basically econ). Loves to play music and drink wine. Excited to see what's in Bhutan.



Juliet Paree Porter
MBA Student, MIT Sloan

An MBA student at MIT Sloan, where she focuses on business strategy and human-centered design in the space industry. Before grad school, she worked in UX strategy and recently spent the summer at Teague, a design and innovation firm, researching growth opportunities in commercial space. She loves hiking, traveling, horses, and baking.







Raeesa Pradeep Rane
MBA Student, MIT Sloan
MBA Student at MIT Sloan



Adin Isaac Becker MPA Student, Harvard

Adin Becker works at the intersection of climate governance, sustainable industrial policy, and territorial planning. His work spans Asia, Africa, and the Middle East, focusing on how governments and multilateral institutions can build adaptive capacity for decarbonization and economic resilience. He has led diagnostics for the Harvard Growth Lab and OCP Group in Morocco, designed community development initiatives in India and Zimbabwe, and contributed to governance research at Harvard's Building State Capability program. A former Watson Fellow and co-founder of Divest Oregon, Adin brings experience across research, policy design, and institutional reform. He is pursuing concurrent master's degrees in Public Administration and Urban Planning at Harvard University.



Linyue ChenMBA Student, Stanford

Second-year MBA student at Stanford, passionate about entrepreneurship, art, and racket sports. Before business school, she worked in macro investing and at a fintech startup.







Gabriela Nakano Athayde Franca

MBA Student, MIT Sloan

Gabriela Nakano is an MBA candidate at the MIT Sloan School of Management, originally from Goiás, Brazil, and of Japanese descent. She began her career at AB InBev, where she spent five years working across multiple countries, before moving into Business Operations and Chief of Staff roles at Wildlife Studios (one of Brazil's first unicorns) and Enter AI, an early-stage legal AI startup backed by Sequoia.



Arshiya Lal
MBA Student, MIT

Arshiya Lal is an MBA candidate at MIT Sloan School of Management (Class of 2026), with a focus on advancing sustainability and innovation in global supply chains. With extensive experience in product strategy for cutting-edge technologies, Arshiya is dedicated to addressing the challenges of non-renewable material inputs and supply chain fragmentation, particularly in the fashion industry.

In her role as Director of Business Development at Circ, she collaborates with leading fashion brands to bring the world's first textile-to-textile recycling solution for blended textile waste to market. Her leadership facilitated Zara and Mara Hoffman's inaugural launch of recycled clothing made from polycotton textiles, garnering recognition from WWD and Harper's Bazaar and contributing to Circ's accolades, including being named one of Fast Company's Most Innovative Companies and a finalist for The Earthshot Prize.

Prior to Circ, Arshiya was Head of Product at Modern Meadow, where she led the introduction of sustainable lab-created leather products with brands such as Everlane and Tory Burch, while shaping the future of biomaterials innovation. Earlier in her career, she played a pivotal role at IBM's blockchain business, driving transparency in fragmented supply chains and pioneering retail technologies such as augmented reality and virtual reality for CPG companies.





HARVARD TREK ORGANIZERS



Kinga Tshering
Founder, Institute of Happiness (IOH)

Kinga is the founder of the Institute of Happiness (IOH), a think and do tank inspired by Bhutan's development of Gross National Happiness (GNH). IOH focuses on research, training and collaboration for curating ideas and knowledge on happiness, wellbeing and mindfulness for promoting a happy humanity. Kinga is a former Member of Parliament in the National Assembly of Bhutan and the Chief Executive Officer (CEO) in the banking and the financial sector. Played lead role in reforming the energy and the corporate sectors in Bhutan. Kinga is a Fulbright scholar (Kansas University, USA), Royal Government of Bhutan Fellow (Pepperdine University, USA) and a Ford Foundation Fellow (Harvard University, USA).

He is still enrolled for the Masters in Divinity program at the Harvard Divinity School. He has been organizing the Harvard/MIT-Bhutan trek since 2017 and the December 2025 trek is the 12th group with over 350 alumni members of this extremely popular trek.



Sonam Dorji Key Coordinator

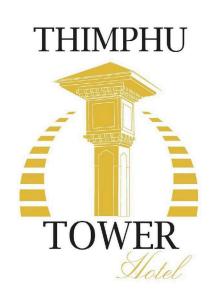
Sonam Dorji is former Urban Economist of Department of Human Settlement, Royal Government of Bhutan. He started as an urban planner from 2013 to 2016. He completed MSc Economics in 2018 Symbiosis International University in India. He completed Masters in Public Administration from Kennedy School in May, 2024. In the last five years, he was involved in important projects like the Thimphu structure plan, property tax and government housing priority. Currently he started a non-profit in Boston and a consulting firm in Bhutan.

Sonam is the key coordinator of the trek from Harvard and MIT.



FORUM ORGANIZERS





ZHU BHUTAN TRAVELS

